

Raf
Mira

 TOXIC AND RUINING EFFECTS OF
MARUNGI (Qat-Mira'a)

Health (H)

Prophet Adam was approached by angel Cibrael telling him that he was instructed to give him one choice of the ~~three~~ viz. 'AKL' (sense of reasoning), 'HAYA' (bashfulness) and 'DEEN' (religion). Adam selected 'AKL' and Cibrael instructed 'HAYA' and 'DEEN' to separate and move away. But they refused arguing that we have been created and commanded to stay together with 'AKL' wherever it stays. (Biharul Anwer Belul akl)

This anecdote is to demonstrate the close existence and relationship of 'HAYA' and 'DEEN' with 'AKL'. If and when 'AKL' is subdued and discarded from its upperhand role in man's actions, then man automatically loses his sense of bashfulness, decency and respect for religious values.

'AKL' - the faculty of reasoning is one of the supreme divine blessings bestowed upon mankind. But for this man would not have been considered the noblest of all creatures. It is this faculty of reasoning that enables man not only to overpower most ferocious of animals but also extract service and benefit from them.

But man may fall behind and prove worse than animals were he to lose or weaken his 'AKL' - this God's supreme blessing. He tends to commit big crimes and sins when he loses the right balance in his sense of reasoning.

It is to safe guard this supreme divine blessing that is the philosophy behind the forbiddance by the Islamic Sharia of all sorts of intoxicants and narcotics, be they alcoholic drinks or drugs, cannabis, opium or marungi.

EFFECTS:

Chewing Marungi also wellknown as Qat or Mira'a, has been spreading like brushfire in our country. Medical experts have overwhelmingly confirmed the following effects resulting from this addiction:

- 1) Temporary unnatural sense of liveliness and wellbeing followed by depression.
- 2) Loss of appetite and sleep.
- 3) Impotency and weak manly strength following unnatural ejaculation.
- 4) Raised pulpitation and breathing
- 5) Intoxication though short-lasting.
- 6) Insensibility and numbness of limbs.

It is not necessary that every chewer of marungi should immediately suffer all the forementioned effects. It all depends upon one's health, age and the frequency of his consumption. As the addiction takes root and increases, so do the effects gain momentum.

INTOXICATION:

Although some of the muslims addicted, in order to hide their sense of guilt, claim marungi to be non-intoxicating, yet majority do accept that it is so. At times proclaiming that it makes them feel high, the same way as the alcoholics do.

Paul Emile Bothe (1841-1880), a French medical man and researcher on Botany, also onetime personal physician of Mohamedali - the Egyptian King, had gone to Yemen to make onspot research on the effect of chewing Marungi. He has confirmed that it has an intoxicating effect, though to a lesser extent, but many others believe that it has much more.

Unfortunately there appears a wrong thinking among many addicted muslims that what is forbidden in Islam is only alcohol, an intoxicant in liquid form. Any other intoxicant in dry form like marungi is permissible.. This is absolutely untrue as Islam forbids all intoxicants be they alcohol, drugs, cannabis, opium or marungi.

The following tradition of the Prophet (SAW) would confirm this

Every thing that intoxicates
is haram (forbidden) And even that
which only more of it intoxicates, its
little of it is also haram."

(Al Kafi 6:408-409)

Thus we see that there is no exception for a type or size of an intoxicant, all in all is forbidden. An intoxicant is undoubtedly the root cause of many an evil and harmful not only to the one who consumes but also to his family and the society. As such for the sake of prevention, which is better than cure, that Islam has strongly banned it.