

Islamic Religious Education Syllabus –
Notes on Akhlaqiyyat –
Adab (etiquette) of Safar (journey)

Based on numerous ahadith – sayings of our Prophets (S.A.W) and Imams, the following guidance in brief on travelling is worth studying and acting upon:

1. Travelling is lawful and recommended to be made for three purposes:
 - a) To acquire religious benefit for Akherat (life after death) e.g. Haj – Ziyarat of Masoomeen or Islamic education
 - b) To improve on one's life e.g. business or medical treatment
 - c) To enjoy a change and outing provided not inclusive of harm and unlawful things e.g. visiting discos and night clubs
2. Travelling on Tuesdays, Thursdays, and Saturdays usually is recommended. But, if obliged to travel on other days, it is recommended to give sadaqa (i.e. poor charity)
3. Before commencing to travel it is recommended to recite Sura Al-Hamd, Sura Falaq, Sura Al-Nas, Sura Ikhlas and Ayatol Kursi
4. It is recommended to take good food along with oneself including bread-loaf which is considered a blessing and source of Barakah. This embraces ones prestige and should be shared with journey companions.
5. Care needs to be taken not to offend those travelling together and to remember Allah when sitting, standing, mounting or dismounting
6. Not to travel in state of empty or over-filled stomach.
7. In the course of travelling, consumption of cool and wet things is recommended e.g. vegetables, vinegar, fresh grapes, olives e.t.c
8. It is recommended not to drink water of a new place until you mix with water of a previous station